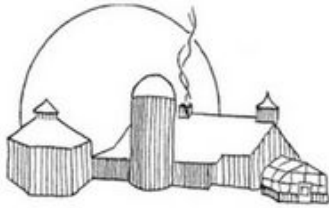


Summer Session

SESSIONS & PRESENTERS

July 27-29, 2018

at the Mountain School



Summer Session

Black Seed Farmers Market: So That You May Know Another

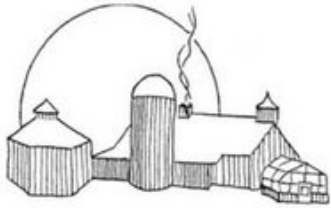
Shahbaz Soofi s08 and Imrana Soofi

This presentation will include sharing an experience of starting a youth-operated farmers market in order to connect different communities by way of local and just food economics. Hear about how Black Seed Farmers Market went from a pop-up market model in 2016 to a year-round indoor market by 2018.

Shahbaz is a two-time Garden Hill Fund Grant Recipient: \$6,000 in fall 2015 to launch Black Seed Farmers Market in Worcester, Massachusetts, and \$8,000 in fall 2017 to expand the market, build community, and employ more immigrant, refugee, and asylee youth workers.

Shahbaz is a two-time Garden Hill Fund Grant Recipient: \$6,000 in fall 2015 to launch Black Seed Farmers Market in Worcester, Massachusetts, and \$8,000 in fall 2017 to expand the market, build community, and employ more immigrant, refugee, and asylee youth workers. Shahbaz was first introduced to garden fresh tomatoes when he was in middle school, helping his mom tend her vegetable garden in Worcester. Throughout high school he worked on a youth run 3/4 acre urban farm and participated in CSA work-shares for two local farms one day a week with his brother. Though he had been participating in the local food movement, had a deep appreciation for local farmers, and was critical of the negative impacts of industrialized agriculture, it wasn't until attending The Mountain School that these values and ideas solidified to spur intentional action and help him claim his voice. Shahbaz joined his mother in 2015 to incorporate a social service, community building, and education based non-profit, Muslim Community Link (MCL), which would operate a social enterprise, Black Seed Farmers Market, as a mechanism for self-sufficiency, while providing a platform for building community and increasing access to farm fresh local produce & goods. He is MCL's first and current Treasurer, volunteers at the Executive Director's (his mom) request whenever possible, works as a Sustainability Analyst at Casella Waste Systems, and leads a sustainable transportation cooperative business in Worcester, Massachusetts.

Imrana Soofi, the Executive Director of MCL and Coordinator for Black Seed Farmers Market, has worked in social service since 2001, serving various people in the community, from refugees, asylum-seekers, and immigrants, to those who are homeless, to youth employees and potential first-generation college-bound Worcester youth. Eating her aunt's tomatoes ripe off the vine in



Summer Session

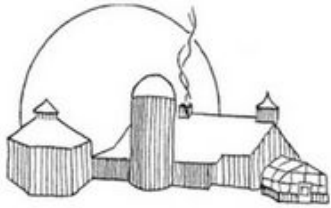
Bangladesh is where her love affair (little did she know) with home vegetable gardening and local food began. Years later she would fuse her love for tomatoes with her yearning for social justice by starting a farmers market for a food justice organization in Worcester. In 2014, seeing that many of the issues that refugees, immigrants, and other marginalized groups faced years ago were still being dealt with inadequately, if at all, she returned to her work helping families to access basic resources, like shelter and food assistance, and providing support and advocacy in the face of oppressive institutions. By 2015 MCL was incorporated and Imrana's social justice praxis would again be married with her love for food. The organization's "business plan" included a farmers market, which would become an instrument of change, producing opportunities for youth development, providing affordable access to healthy food, creating space for intercultural and socio-economic interaction, and would enable the organization to grow towards self-sufficiency with any surplus revenue going towards funding social services & education work.

Carbon Pricing in Higher Education and Corporations

Casey Pickett f95

Putting a price on carbon may be one of the fundamental policy instruments to reduce global greenhouse gas emissions. Over 600 companies across the world now use an internal price on their carbon emissions. Learn how Yale University has implemented its own internal carbon tax system, and explore how other large organizations can do the same. This is a tool sub-national governments and the private sector can use to lead on climate.

Casey R. Pickett is Director of the Yale Carbon Charge. He recently served as Director of Innovation for Connecticut's Economic Development department. He is a graduate of the Yale Schools of Forestry and Management and has a background in startups, green building and political organizing. He's pretty sure none of the above would be true without TMS. Likely, what would still be true would be his love for theater and snowboarding. Casey walked home to Thetford from his Fall '95 semester at TMS.



Summer Session

Pop-Up Placemaking

Rebecca Sanborn Stone s96

It can take years to create deep, lasting community change. But pop-up and DIY placemaking techniques offer a way for anyone to quickly and cheaply start revitalizing neighborhoods and towns, connecting neighbors, building community and strengthening local economies. From pop-up shops to parklets, public art to guerrilla street repair, these fun and creative techniques are helping community members across the globe create the places they want to live in.

Participants will hear about a range of examples of pop-up placemaking and community building projects, from success stories in rural Vermont to examples in major cities. We'll talk about opportunities and needs in participants' own communities, and spend time brainstorming or designing a project together.

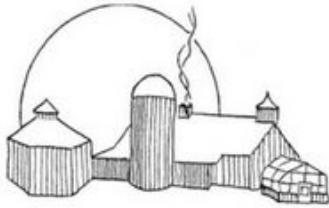
After the Mountain School, Rebecca studied at Williams and the Yale School of Forestry, then worked in teaching, writing, and philanthropy. She now brings her passions for place-based work and community building together in a small consulting business—Community Workshop—that specializes in helping people make their communities great places to live, work, and play. Rebecca lives in Bethel, Vermont, where she loves to experiment with creative placemaking and community projects and spend time with her family, chickens, and overgrown garden.

Wild Plant Walk

Rossana Ines Rossi f93

As we stroll along and off the paths, we will discover the plants around us that have been used for healing by traditional and indigenous peoples. Those who join will learn how to safely taste new and unknown herbs, receive an outline for making their own basic plant-based remedies at home, and of course, make some new plant friends whom they just might recognize when they go back home.

Rossana Ines Rossi f93 is an office worker by day, herbalist by night. She lives in New York City, where she teaches classes, makes her own products, and does private consultations. Rossana is also a student of martial arts (kung-fu wu-su) and is a visual artist and singer.



Summer Session

Building a Values-Based Life and Career

Jess Brooks s88

Join Jess Brooks and other alumni for an interactive discussion connecting our values to the lives we lead. We'll do a values sort, then hear from alumni about the paths they have taken, and engage in a group discussion about how to bring deeper meaning into our daily grinds. From imagining (or reimagining) our careers to daily rituals that make us feel more connected, we'll brainstorm together about big and small steps we can take to create a sense of work-life balance and get more in sync with the lives we want to be living.

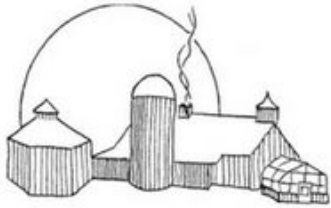
Jess Brooks works as Chief Development Officer at Sunwealth, a Boston-based renewable energy investment firm. She strives to live a life that aligns with her values—balancing work, family, friends, and community. Recently, she discovered some tools and resources that have been helpful in keeping her on the right track.

The Importance of Re-Reading Literature

Andrew Bishop f99

This will be a short academic activity based on a reading protocol in which participants will read a short excerpt of a text three different times, each time looking at the text with a different purpose in mind. After each reading, there will be group discussion about what participants noticed and wondered about the text.

Andrew Bishop went to Middlebury College for his B.A. and Fordham University for his M.S. in Teaching. He currently lives in Brooklyn, New York with his wife and two daughters and teaches high school English.



Summer Session

Honey Bee Hour: Hive Tour and Honey Tasting

Thalassa Raasch f03

We'll take a peek inside the Mountain School apiary and learn the basics of a honey bee colony, from how they store food to how they raise brood to how they make honey. After exploring the hive, we'll enjoy a honey tasting picnic, sampling honeys harvested in different seasons and varying New England apiaries. This workshop is intended for those who are curious about and open to honey bees. Please note, it is not the time and place to conquer your overwhelming bee phobia. Veils will be provided. Long pants and shirt are recommended but not necessary.

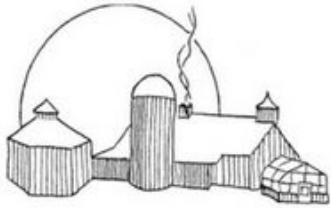
Thalassa Raasch is an artist and educator living in Portland, Maine. With training from Harvard and RISD, her beekeeping education began at 17 years old in the woods of Minnesota shortly after attending the Mountain School. Most of her time is filled with photography, teaching, and—duh—bees. Any extra time finds her driving to the sea and jumping in.

Design Thinking Crash Course

Adam Walker f93

Adapted from an open curriculum created by the Stanford Design School, this workshop introduces participants to the practice of design thinking and takes them on a crash course through the process, covering problem definition, ideation, prototyping, and evaluation. It is hands on, interactive, and builds relationships between participants. Adam's additions and alterations to the workshop will focus the content more specifically on conversation and reflection between participants to help them clarify how they will use these skills moving forward from the workshop session.

Adam Walker is an educator and network strategist, having worked as an elementary school science teacher and professional development manager for science teachers in San Francisco with the organization Education Outside. This past May he received a Master of Environmental Management from the Yale School of Forestry. This workshop is adapted from a teacher workshop he provided in his previous role.



Summer Session

Location, Location, Location: Crafting Place in Fiction

Reif Larsen s97

The setting for a short story or novel is more than just a backdrop—it can often be a character in and of itself. In this short workshop we will examine the ways in which landscape, location, and scene can influence the emotion and psychology of a story. We'll examine questions like: How do we write about a place that we are not from? How do we write about our homes? How do we see the unseen? Can a place, like a person, develop over the course of a narrative? We'll read a short story in preparation, and engage in a couple of writing exercises during our time together. Hopefully you'll leave the workshop ready to re-examine familiar places with fresh eyes.

To prepare for this session, please read [Anthony Doerr's "The Caretaker"](#), with an awareness of how Doerr conjures place and a specific consciousness within a place, even as this place shifts drastically over the course of the story. Copies will also be available on campus.

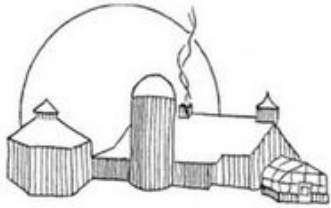
Reif Larsen is the author of the novels [I Am Radar](#) and [The Selected Works of T.S. Spivet](#), which was a [New York Times Bestseller](#) and adapted for the screen by Jean-Pierre Jeunet ([Amélie](#)). Larsen's essays and fiction have appeared in [The New York Times](#), [The Guardian](#), [GQ](#), [Tin House](#), [Travel & Leisure](#), [one story](#), [The Millions](#), and [The Believer](#). He lives in Troy, New York. Visit www.reiflarsen.com for more about Reif's work.

Robert Frost Poetry Walk

Alden Smith, Director

Alden will lead a group in a walking tour through Robert Frost's poetry. We'll hear and discuss six to ten poems related to the landscape features we discover: stone walls, bird songs, cellar holes, meadows, hardwoods, gravestones. While the walking will not be strenuous, decent walking shoes are advisable. Copies of poems will be available to all participants.

Alden Smith has been the Director of the Mountain School since 1999. He also teaches English.



Summer Session

Science Hike

Kathy Hooke, faculty

A hands-on exploration of the Mountain School woods. We'll identify trees and look for clues to decipher the history of the forest.

Kathy Hooke teaches Math and Environmental Science. She has been part of the Mountain School faculty since 1994.

Decision Making

Jack Kruse, faculty

Jack will host a class of motifs drawn from his Humanities elective, which addresses the challenge of making decisions in the face of uncertainty. A homework assignment will be posted at the registration table (a short article to read before the class), and participants can expect a quiz, a lecture, a discussion, and a short story. Maximum of 16 students.

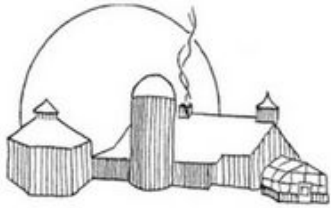
Jack Kruse teaches English and Humanities and oversees the Work Program. He has been part of the Mountain School faculty since 1984.

Timber Framing

Pat Barnes, faculty

The Mountain School is building a new timber frame sugarhouse (expected raising summer 2019). In this workshop we'll spend a little time exploring the history of this construction method with some familiar on-campus examples and then we'll cut some new mortise and tenon joints into white pine timbers harvested from our woodlot. No previous knowledge or skills are necessary but sturdy shoes that cover the top of your feet are required.

Pat Barnes teaches Environmental Science, Physics, and Chemistry, and leads the Outdoor Program. He has been part of the Mountain School faculty since 1995.



Summer Session

Morning Yoga

Melissa Lago s99

Start off Saturday and Sunday morning with a yoga class geared for all levels.

Melissa Lago recently graduated with her MDiv from Harvard Divinity School where she had the opportunity to develop her Mind/Body Wisdom (MBW) method of teaching yoga. MBW integrates tools and practices from spiritual care and counseling, psychology and contemplative practice, which she has found can augment the transformative power of yoga and help us to build resiliency. Before attending Harvard she taught yoga, religion, philosophy, and interdisciplinary studies at Holy Names University in Oakland, California.

Coffee House

Molly Venter s97

Molly will emcee our Saturday evening "coffee house". The entertainment will include Mountain School co-founder David Grant as Mark Twain. The mic is open for alumni and their families to join in and perform. Don't be shy!

Molly Venter s97 is a professional recording artist and performing musician with bands Goodnight Moonshine and Red Molly. In between tours she likes to teach songwriting workshops and cook on a budget and growl like a panther with her three-year-old son. After living in Austin, Texas for a decade, she now resides in her hometown of New Haven, Connecticut with husband and musical partner Eben Pariser and son Otis.